



## Complete Summary

---

### GUIDELINE TITLE

Long-term follow-up guidelines for survivors of childhood, adolescent, and young adult cancers. Sections 6-37: chemotherapy.

### BIBLIOGRAPHIC SOURCE(S)

Children's Oncology Group. Long-term follow-up guidelines for survivors of childhood, adolescent, and young adult cancers. Sections 6-37: chemotherapy. Bethesda (MD): Children's Oncology Group; 2006 Mar. 37 p. [191 references]

### GUIDELINE STATUS

This is the current release of the guideline.

This guideline updates a previous version: Children's Oncology Group. Long-term follow-up guidelines for survivors of childhood, adolescent, and young adult cancers. Version 1.2. 2004 Mar.

### \*\* REGULATORY ALERT \*\*

### FDA WARNING/REGULATORY ALERT

**Note from the National Guideline Clearinghouse:** This guideline references a drug(s) for which important revised regulatory and/or warning information has been released.

- [May 23, 2007, Gadolinium-based Contrast Agents](#): The addition of a boxed warning and new warnings about the risk of nephrogenic systemic fibrosis (NSF) to the full prescribing information for all gadolinium-based contrast agents (GBCAs).
- [May 2, 2007, Antidepressant drugs](#): Update to the existing black box warning on the prescribing information on all antidepressant medications to include warnings about the increased risks of suicidal thinking and behavior in young adults ages 18 to 24 years old during the first one to two months of treatment.

### COMPLETE SUMMARY CONTENT

\*\* REGULATORY ALERT \*\*

SCOPE

METHODOLOGY - including Rating Scheme and Cost Analysis

RECOMMENDATIONS

EVIDENCE SUPPORTING THE RECOMMENDATIONS

BENEFITS/HARMS OF IMPLEMENTING THE GUIDELINE RECOMMENDATIONS

## SCOPE

### DISEASE/CONDITION(S)

Late effects resulting from therapeutic exposures to chemotherapy used during treatment of pediatric malignancies. Effects include sensory (dental, ocular, otologic), reproductive (testicular, ovarian) pulmonary, urologic (urinary, renal), dermatologic, neurologic (central, peripheral, cognitive), hepatic, vascular, and skeletal sequelae; dyslipidemia; and secondary malignancies.

**Note:** These guidelines are intended for use beginning two or more years following the completion of cancer therapy, and provide a framework for ongoing late effects monitoring in childhood cancer survivors; however, these guidelines are not intended to provide guidance for follow-up of the pediatric cancer survivor's primary disease.

### GUIDELINE CATEGORY

Counseling  
Evaluation  
Management  
Prevention  
Screening

### CLINICAL SPECIALTY

Cardiology  
Dentistry  
Dermatology  
Endocrinology  
Family Practice  
Gastroenterology  
Internal Medicine  
Nephrology  
Neurology  
Obstetrics and Gynecology  
Oncology  
Ophthalmology  
Otolaryngology  
Pediatrics  
Pulmonary Medicine  
Urology

### INTENDED USERS

Advanced Practice Nurses  
Dentists  
Nurses  
Physician Assistants  
Physicians  
Psychologists/Non-physician Behavioral Health Clinicians

### **GUIDELINE OBJECTIVE(S)**

- To provide recommendations for screening and management of late effects in survivors of pediatric malignancies
- To increase quality of life and decrease complication-related healthcare costs for pediatric cancer survivors by providing standardized and enhanced follow-up care throughout the life-span that (a) promotes healthy lifestyles, (b) provides for ongoing monitoring of health status, (c) facilitates early identification of late effects, and (d) provides timely intervention for late effects

### **TARGET POPULATION**

Asymptomatic survivors of childhood, adolescent, or young adult cancers who were treated with chemotherapy and who present for routine exposure-related medical follow-up

### **INTERVENTIONS AND PRACTICES CONSIDERED**

Thorough history and physical examination, including targeted screening evaluations

### **MAJOR OUTCOMES CONSIDERED**

Not stated

## **METHODOLOGY**

### **METHODS USED TO COLLECT/SELECT EVIDENCE**

Hand-searches of Published Literature (Primary Sources)  
Hand-searches of Published Literature (Secondary Sources)  
Searches of Electronic Databases

### **DESCRIPTION OF METHODS USED TO COLLECT/SELECT THE EVIDENCE**

Pertinent information from the published medical literature over the past 20 years (updated as of October 2005) was retrieved and reviewed during the development and updating of these guidelines. For each therapeutic exposure, a complete search was performed via MEDLINE (National Library of Medicine, Bethesda, MD). Keywords included "childhood cancer therapy," "complications," and "late effects," combined with keywords for each therapeutic exposure. References from the bibliographies of selected articles were used to broaden the search.

## **NUMBER OF SOURCE DOCUMENTS**

Not stated

## **METHODS USED TO ASSESS THE QUALITY AND STRENGTH OF THE EVIDENCE**

Expert Consensus (Committee)  
Weighting According to a Rating Scheme (Scheme Given)

## **RATING SCHEME FOR THE STRENGTH OF THE EVIDENCE**

"High-level evidence" (recommendation category 1) was defined as evidence derived from high quality case control or cohort studies.

"Lower-level evidence" (recommendation categories 2A and 2B) was defined as evidence derived from non-analytic studies, case reports, case series, and clinical experience.

## **METHODS USED TO ANALYZE THE EVIDENCE**

Systematic Review with Evidence Tables

## **DESCRIPTION OF THE METHODS USED TO ANALYZE THE EVIDENCE**

The guidelines were scored by the multidisciplinary panel of experts using a modified version of the National Criteria: Comprehensive Cancer Network "Categories of Consensus" system. Each score reflects the expert panel's assessment of the strength of data from the literature linking a specific late effect with a therapeutic exposure, coupled with an assessment of the appropriateness of the screening recommendation based on the expert panel's collective clinical experience. "High-level evidence" (category 1) was defined as evidence derived from high quality case control or cohort studies. "Lower-level evidence" (categories 2A and 2B) was defined as evidence derived from non-analytic studies, case reports, case series and clinical experience. Rather than submitting recommendations representing major disagreements, items scored as "Category 3" were either deleted or revised by the panel of experts to provide at least a "Category 2B" score for all recommendations included in the guidelines.

## **METHODS USED TO FORMULATE THE RECOMMENDATIONS**

Expert Consensus

## **DESCRIPTION OF METHODS USED TO FORMULATE THE RECOMMENDATIONS**

In 2002, the leadership of the Children's Oncology Group Late Effects Committee and Nursing Discipline appointed a 7-member task force, with representation from the Late Effects Committee, Nursing Discipline, and Patient Advocacy Committee. The task force was convened to review and summarize the medical literature and develop a draft of clinical practice guidelines to direct long-term follow-up care for

pediatric cancer survivors. The task force followed a modified version of the guideline development process established by the National Comprehensive Cancer Network (NCCN), integrating available literature with expert opinion using reiterative feedback loops.

The original draft went through several iterations within the task force prior to initial review. Multidisciplinary experts in the field, including nurses, physicians (pediatric oncologists and other subspecialists), patient advocates, behavioral specialists, and other healthcare professionals, were then recruited by the task force to provide an extensive, targeted review of the draft, including focused review of selected guideline sections. Revisions were made based on these recommendations. The revised draft was then sent out to additional multidisciplinary experts for further review. A total of 62 individuals participated in the review process. The guidelines subsequently underwent comprehensive review and scoring by a panel of experts in the late effects of pediatric malignancies, comprised of multidisciplinary representatives from the COG Late Effects Committee.

## **Revisions**

In order to keep the guidelines current and clinically meaningful, the COG Late Effects Committee organized 18 multi-disciplinary task forces in March 2004. These task forces were charged with the responsibility for monitoring the medical literature in regard to specific system-related clinical topics relevant to the guidelines (e.g., cardiovascular, neurocognitive, fertility/reproductive), providing periodic reports to the Late Effects Committee, and recommending revisions to the guidelines and their associated health education materials and references (including the addition of therapeutic exposures) as new information became available. Task force members were assigned according to their respective areas of expertise and clinical interest. A list of these task forces and their membership is included in the "Contributors" section of the original guideline document. The revisions incorporated into the current release of these guidelines (Version 2.0 – March 2006) reflect the contributions and recommendations of these task forces.

All revisions proposed by the task forces were evaluated by a panel of experts, and if accepted, assigned a score (see "Rating Scheme for the Strength of the Evidence"). Proposed revisions that were rejected by the expert panel were returned with explanation to the relevant task force chair. If desired, task force chairs were given an opportunity to respond by providing additional justification and resubmitting the rejected task force recommendation(s) for further consideration by the expert panel. A total of 34 sections and 9 Health Links were added to Version 2.0 of these guidelines.

## **RATING SCHEME FOR THE STRENGTH OF THE RECOMMENDATIONS**

Each score relates to the strength of the association of the identified late effect with the specific therapeutic exposure based on current literature, and is coupled with a recommendation for periodic health screening based on the collective clinical experience of the panel of experts. This is due to the fact that there are no randomized clinical trials (and none forthcoming in the foreseeable future) on which to base recommendations for periodic screening evaluations in this

population; therefore, the guidelines should not be misconstrued as representing conventional "evidence-based clinical practice guidelines" or "standards of care".

Each item was scored based on the level of evidence currently available to support it. Scores were assigned according to a modified version of the National Comprehensive Cancer Network "Categories of Consensus," as follows:

1 There is uniform consensus of the panel that (1) there is high-level evidence linking the late effect with the therapeutic exposure, and (2) the screening recommendation is appropriate based on the collective clinical experience of panel members.

2A There is uniform consensus of the panel that (1) there is lower-level evidence linking the late effect with the therapeutic exposure, and (2) the screening recommendation is appropriate based on the collective clinical experience of panel members.

2B There is non-uniform consensus of the panel that (1) there is lower-level evidence linking the late effect with the therapeutic exposure, and (2) the screening recommendation is appropriate based on the collective clinical experience of panel members.

3 There is major disagreement that the recommendation is appropriate.

## **COST ANALYSIS**

A formal cost analysis was not performed and published cost analyses were not reviewed.

## **METHOD OF GUIDELINE VALIDATION**

External Peer Review  
Internal Peer Review

## **DESCRIPTION OF METHOD OF GUIDELINE VALIDATION**

The initial version of the guidelines (Version 1.0 – Children's Oncology Group Late Effects Screening Guidelines) was released to the Children's Oncology Group (COG) membership in March 2003 for a six-month trial period. This allowed for initial feedback from the COG membership, resulting in additional review and revision of the guidelines by the Late Effects Committee prior to public release.

## **Revisions**

All revisions proposed by the task forces were evaluated by a panel of experts, and if accepted, assigned a score (see "Rating Scheme for the Strength of the Evidence"). Proposed revisions that were rejected by the expert panel were returned with explanation to the relevant task force chair. If desired, task force chairs were given an opportunity to respond by providing additional justification and resubmitting the rejected task force recommendation(s) for further consideration by the expert panel.

## RECOMMENDATIONS

### MAJOR RECOMMENDATIONS

Grades of recommendations (1, 2A, 2B, 3) are defined at the end of the "Major Recommendations" field.

**Note from the Children's Oncology Group and the National Guideline Clearinghouse (NGC):** The *Children's Oncology Group Long-Term Follow-Up Guidelines for Survivors of Childhood, Adolescent, and Young Adult Cancers* (COG LTFU) are organized according to therapeutic exposures; this guideline has been divided into individual summaries. In addition to the current summary, the following are available:

- [Sections 1-2: Any Cancer Experience](#)
- [Sections 3-5: Blood/Serum Products](#)
- [Sections 38-91: Radiation](#)
- [Sections 92-106: Hematopoietic Cell Transplant](#)
- [Sections 107-132: Surgery](#)
- [Sections 133-136: Other Therapeutic Modalities](#)
- [Sections 137-146: Cancer and General Health Screening](#)

In order to accurately derive individualized screening recommendations for a specific childhood cancer survivor using this guideline, see "Using the COG LTFU Guidelines to Develop Individualized Screening Recommendations" in the [original guideline document](#). (Note: For ease of use, a Patient-Specific Guideline Identification Tool has been developed to streamline the process and is included in [Appendix I](#) of the original guideline document.)

### Guideline Organization

The *Children's Oncology Group Long-Term Follow-Up Guidelines for Survivors of Childhood, Adolescent, and Young Adult Cancers* are organized according to therapeutic exposures, arranged by column as follows:

<b>System</b>	Body system (e.g., auditory, musculoskeletal) most relevant to each guideline section.
<b>Score</b>	Score assigned by expert panel representing the strength of data from the literature linking a specific late effect with a therapeutic exposure coupled with an assessment of the appropriateness of the screening recommendation based on collective clinical experience.
<b>Section Number</b>	Unique identifier for each guideline section corresponding with listing in Index.
<b>Therapeutic Agent</b>	Therapeutic intervention for malignancy, including chemotherapy, radiation, surgery, blood/serum products, hematopoietic cell transplant, and other therapeutic modalities.

<b>Risk Factors</b>	Host factors (e.g., age, sex, race, genetic predisposition), treatment factors (e.g., cumulative dose of therapeutic agent, mode of administration, combinations of agents), medical conditions (e.g., pre-morbid or co-morbid conditions), and health behaviors (e.g., diet, smoking, alcohol use) that may increase risk of developing the complication.
<b>Highest Risk Factors</b>	Conditions (host factors, treatment factors, medical conditions and/or health behaviors) associated with the highest risk for developing the complication.
<b>Periodic Evaluations</b>	Recommended screening evaluations, including health history, physical examination, laboratory evaluation, imaging, and psychosocial assessment. Recommendation for minimum frequency of periodic evaluations is based on risk factors and magnitude of risk, as supported by the medical literature and/or the combined clinical experience of the reviewers and panel of experts.
<b>Health Counseling/ Further Considerations</b>	<p><b>Health Links:</b> Health education materials developed specifically to accompany these guidelines. Title(s) of Health Link(s) relevant to each guideline section are referenced in this column. Health Link documents are included in <a href="#">Appendix II</a> of the original guideline document.</p> <p><b>Counseling:</b> Suggested patient counseling regarding measures to prevent/reduce risk or promote early detection of the potential treatment complication.</p> <p><b>Resources:</b> See the original guideline document for lists of books and web sites that may provide the clinician with additional relevant information.</p> <p><b>Considerations for Further Testing and Intervention:</b> Recommendations for further diagnostic evaluations beyond minimum screening for individuals with positive screening tests, recommendations for consultation and/or referral, and recommendations for management of exacerbating or predisposing conditions.</p>
<b>References</b>	References are listed immediately following each guideline section in the original guideline document. Included are medical citations that provide evidence for the association of the therapeutic intervention with the specific treatment complication and/or evaluation of predisposing risk factors. In addition, some general review articles have been included in the Reference section of the original guideline document for clinician convenience.

**Note:** See the end of the "Major Recommendations" field for explanations of [abbreviations](#) included in the summary.

**System = Dental**  
**Score = 1**



Sec #	Therapeutic Agent(s)	Potential Late Effects	Risk Factors	Highest Risk Factors	Periodic Evaluation	Health Counseling Further Considerations
6	<b>Any Chemotherapy</b>	<b>Dental Abnormalities</b>  Tooth/root agenesis Root thinning/shortening Enamel dysplasia	<b>Host Factors</b>  Any patient who had not developed permanent dentition at time of cancer therapy  <b>Treatment Factors</b>  Any radiation treatment involving the oral cavity or salivary glands	<b>Host Factors</b>  Younger age at treatment, especially <5 years old	<b>Physical</b>  <b>Oral exam</b> (Yearly)  <b>Screening</b>  <b>Dental exam and cleaning</b> (Every six months)	<b>Health Links</b>  <b>See "Patient Resources" field</b>  Dental Health  <b>Considerations for Further Testing and Intervention</b>  Regular dental care including fluoride applications. Baseline panorex prior to dental procedures to evaluate root development.

**Note:** See a list of [Abbreviations](#) at the end of the "Major Recommendations" field.

**System = Male reproductive**

**Scores = Alkylating agents: 1**

**Heavy metals: 2A**

**Non-classical alkylators: 2A**

Sec #	Therapeutic Agent(s)	Potential Late Effects	Risk Factors	Highest Risk Factors	Per Evaluation
7a	<b>Alkylating Agents</b>  Busulfan Carmustine (BCNU) Chlorambucil Cyclophosphamide	<b>Gonadal dysfunction (testicular)</b>  Delayed/arrested puberty Hypogonadism Oligospermia	<b>Treatment Factors</b>  Higher cumulative doses of alkylators or combinations of alkylators Combined with radiation to:	<b>Host Factors</b>  Male gender  <b>Treatment Factors</b>  MOPP ≥3 cycles	<b>History</b>  <b>Puberty (onset,</b>  <b>Sexual function (erectile</b>

Sec #	Therapeutic Agent(s)	Potential Late Effects	Risk Factors	Highest Risk Factors	Per Eval
	<p>Ifosfamide Lomustine (CCNU) Mechlorethamine Melphalan Procarbazine Thiotepa</p> <p><b>Heavy Metals</b></p> <p>Carboplatin Cisplatin</p> <p><b>Non-Classical Alkylators</b></p> <p>Dacarbazine (DTIC) Temozolomide</p>	<p>Azoospermia Infertility</p>	<ul style="list-style-type: none"> <li>Abdomen/pelvis</li> <li>Testes</li> <li>Brain, cranium (neuroendocrine axis)</li> </ul> <p><b>Health Behaviors</b></p> <p>Smoking</p> <p><b>Info Link</b></p> <p>Doses that cause gonadal dysfunction show individual variation. Germ cell function (spermatogenesis) is impaired at lower doses compared to Leydig cell (testosterone production) function. Prepubertal status does not protect from gonadal injury in males.</p>	<p>Busulfan <math>\geq 600</math> mg/m<sup>2</sup> Cyclophosphamide cumulative dose <math>\geq 7.5</math> g/m<sup>2</sup> or as conditioning for HCT Any alkylators combined with:</p> <ul style="list-style-type: none"> <li>Testicular radiation</li> <li>Pelvic radiation</li> <li>TBI</li> </ul>	<p><b>nocturnal emissions (libido)</b></p> <p><b>Medical impact on sexual function</b></p> <p>(Yearly)</p> <p><b>Physical</b></p> <p><b>Tanner</b></p> <p><b>Testicular volume</b></p> <p><b>Prader orchid</b></p> <p>(Yearly sexually mature)</p> <p><b>Screening</b></p> <p><b>FSH</b></p> <p><b>LH</b></p> <p><b>Testosterone</b> (Baseline 14 and clinically indicate patients delayed and/or signs and symptoms testosterone deficiency)</p> <p><b>Semen analysis</b></p> <p>(As required by patient for evaluation of infertility)</p>

Sec #	Therapeutic Agent(s)	Potential Late Effects	Risk Factors	Highest Risk Factors	Per Evalu
					Periodic evaluati time is recomm as resur spermat can occu 10 years therapy

**Note:** See a list of [Abbreviations](#) at the end of the "Major Recommendations" field.

**System = Female reproductive**

**Scores = Alkylating agents: 1**

**Heavy metals: 2A**

**Non-classical alkylators: 2A**

Sec #	Therapeutic Agent(s)	Potential Late Effects	Risk Factors	Highest Risk Factors	Periodic
7b	<b>Alkylating Agents</b> Busulfan Carmustine (BCNU) Chlorambucil Cyclophosphamide Ifosfamide Lomustine (CCNU) Mechlorethamine Melphalan Procarbazine Thiotepa  <b>Heavy Metals</b> Carboplatin Cisplatin  <b>Non-Classical Alkylators</b> Dacarbazine	<b>Gonadal dysfunction (ovarian)</b>  Delayed/arrested puberty Premature menopause Infertility	<b>Treatment Factors</b>  Higher cumulative doses of alkylators or combinations of alkylators Combined with radiation to: <ul style="list-style-type: none"> <li>• Abdomen/pelvis</li> <li>• Lumbar or sacral spine (from ovarian scatter)</li> <li>• Brain, cranium (neuroendocrine axis)</li> </ul> <b>Health Behaviors</b>  Smoking  <b>Info Link</b>  Doses that cause gonadal	<b>Treatment Factors</b>  MOPP $\geq 3$ cycles Busulfan $\geq 600$ mg/m <sup>2</sup> Cyclophosphamide cumulative dose $\geq 7.5$ g/m <sup>2</sup> or as conditioning for HCT Any alkylators combined with: <ul style="list-style-type: none"> <li>• Pelvic radiation</li> <li>• TBI</li> </ul>	<b>History</b>  <b>Pubertal tempo)</b>  <b>Menstrual history</b>  <b>Sexual fu (vaginal libido)</b>  <b>Medicati impactin function</b> (Yearly)  <b>Physical</b>  <b>Tanner s</b> (Yearly un mature)

Sec #	Therapeutic Agent(s)	Potential Late Effects	Risk Factors	Highest Risk Factors	Periodic
	(DTIC) Temozolomide		dysfunction show individual variation. Females can typically maintain gonadal function at higher cumulative doses than males.		<b>Screening</b> <b>FSH</b> <b>LH</b> <b>Estradiol</b>  (Baseline <b>and</b> as clinically indicated with delay irregular primary or amenorrhea clinical signs/symptoms deficiency

**Note:** See a list of [Abbreviations](#) at the end of the "Major Recommendations" field.

**System = SMN**

**Scores = Alkylating agents: 1**

**Heavy metals: 2A**

**Non-classical alkylators: 2A**

Sec #	Therapeutic Agent(s)	Potential Late Effects	Risk Factors	Highest Risk Factors	Periodic Evaluation	Health Couns Furt Consider
8	<b>Alkylating Agents</b> Busulfan Carmustine (BCNU) Chlorambucil Cyclophosphamide Ifosfamide Lomustine (CCNU) Mechlorethamine Melphalan Procarbazine Thiotepa  <b>Heavy Metals</b> Carboplatin Cisplatin  <b>Non-Classical Alkylators</b> Dacarbazine (DTIC) Temozolomide	<b>Acute myeloid leukemia</b>  <b>Myelodysplasia</b>	<b>Treatment Factors</b> Less than 10 years since exposure to agent Higher cumulative alkylator dose or combination of alkylators  <i>Note: Melphalan and mechlorethamine are more potent leukemogens than cyclophosphamide</i>  <b>Medical Conditions</b> Splenectomy (conflicting evidence)		<b>History</b>  <b>Fatigue</b>  <b>Bleeding</b>  <b>Easy bruising</b> (Yearly, up to 10 years after exposure to agent)  <b>Physical</b>  <b>Dermatologic exam (pallor, petechiae, purpura)</b> (Yearly, up to 10 years after exposure to agent)  <b>Screening</b>  <b>CBC/differential</b> (Yearly, up to 10 years after exposure to agent)	<b>Health</b>  <b>See "Pa Resourc field"</b>  Reducing Risk of S Cancers  <b>Counsel</b>  Counsel promptly fatigue, petechiae bone pai  <b>Consider for Furt Testing Interve</b>  Bone ma exam as clinically indicated

**Note:** See a list of [Abbreviations](#) at the end of the "Major Recommendations" field.

**System = Pulmonary**

**Score = 1**

Sec #	Therapeutic Agent(s)	Potential Late Effects	Risk Factors	Highest Risk Factors	Periodic Evaluation	Health Counseling Further Considerations
9	<b>Alkylating Agents</b>  Busulfan Carmustine (BCNU) Lomustine (CCNU)	<b>Pulmonary fibrosis</b>	<b>Treatment factors</b>  Higher cumulative doses Combined with bleomycin  <b>Medical Conditions</b>  Atopic history  <b>Health Behaviors</b>  Smoking	<b>Treatment Factors</b>  BCNU $\geq 600$ mg/m <sup>2</sup> Busulfan $\geq 500$ mg (transplant doses) Combined with:  <ul style="list-style-type: none"> <li>Chest radiation</li> <li>TBI</li> </ul>	<b>History</b>  <b>Cough</b>  <b>SOB</b>  <b>DOE</b>  <b>Wheezing</b> (Yearly)  <b>Physical</b>  <b>Pulmonary exam</b> (Yearly)  <b>Screening</b>  <b>Chest x-ray</b>  <b>PFTs (including DLCO and spirometry)</b>  (Baseline at entry into long-term followup. Repeat as clinically indicated in patients with abnormal results or progressive pulmonary dysfunction.)	<b>Health Links</b>  <b>See "Patient Resources" field</b>  Pulmonary Health  <b>Resources</b>  Extensive information regarding smoking cessation is available for patients on the NCI's website: <a href="http://www.smokefree.gov">www.smokefree.gov</a> .  <b>Counseling</b>  Counsel regarding tobacco avoidance/smoking cessation. Due to the potential pulmonary toxicity of this therapy, patients who desire to SCUBA dive should be advised to obtain medical clearance from a diving medicine specialist.  <b>Considerations for Further Testing and Intervention</b>  In patients with abnormal PFTs and/or CXR, consider repeat evaluation prior to general anesthesia. Pulmonary consultation for symptomatic pulmonary

Sec #	Therapeutic Agent(s)	Potential Late Effects	Risk Factors	Highest Risk Factors	Periodic Evaluation	Health Counseling Further Considerations
						dysfunction. Influenza and pneumococcal vaccines.

**Note:** See a list of [Abbreviations](#) at the end of the "Major Recommendations" field.

**System = Ocular**  
**Score = 2B**

Sec #	Therapeutic Agent(s)	Potential Late Effects	Risk Factors	Highest Risk Factors	Periodic Evaluation	Health Counseling Further Considerations
10	<b>Alkylating Agents</b>  Busulfan	Cataracts	<b>Treatment factors</b>  Combined with corticosteroids	<b>Treatment Factors</b>  Combined with cranial, orbital, or eye radiation TBI Longer interval since treatment	<b>History</b>  <b>Visual difficulties</b> (Yearly)  <b>Physical</b>  <b>Eye exam (visual acuity, funduscopic exam for lens opacity)</b> (Yearly)	<b>Health Links</b>  <b>See "Patient Resources" field</b>  Cataracts  <b>Considerations for Further Testing and Intervention</b>  Ophthalmology consultation if problem identified. Refer patients with visual deficits to school liaison in community or cancer center (psychologist, social worker, school counselor) to facilitate acquisition of educational resources.

**Note:** See a list of [Abbreviations](#) at the end of the "Major Recommendations" field.

**System = Urinary**  
**Score = 1**

Sec #	Therapeutic Agent(s)	Potential Late Effects	Risk Factors	Highest Risk Factors	Periodic Evaluation
11	<b>Alkylating Agents</b> Cyclophosphamide Ifosfamide	<b>Urinary tract toxicity</b> Hemorrhagic cystitis Bladder fibrosis Dysfunctional voiding Vesicoureteral reflux Hydronephrosis	<b>Treatment Factors</b> Higher cumulative doses (decreased incidence with Mesna) Combined with: pelvic radiation  <b>Health Behaviors</b> Alcohol use Smoking	<b>Treatment Factors</b> Cyclophosphamide dose $\geq 3 \text{ g/m}^2$ Pelvic radiation dose $\geq 30 \text{ Gy}$	<b>History</b> <b>Hematuria</b> <b>Urinary urgency/frequency</b> <b>Urinary incontinence/retention</b> <b>Dysuria</b> <b>Nocturia</b> <b>Abnormal urinary stream</b> (Yearly) <b>Screening</b> <b>Urinalysis</b> (Yearly)



Sec #	Therapeutic Agent(s)	Potential Late Effects	Risk Factors	Highest Risk Factors	Periodic Evaluation

**Note:** See a list of [Abbreviations](#) at the end of the "Major Recommendations" field.

**System = SMN**  
**Score = 2A**

Sec #	Therapeutic Agent(s)	Potential Late Effects	Risk Factors	Highest Risk Factors	Periodic Evaluation	Health Counsel Further Considerations
12	<b>Alkylating Agents</b>  Cyclophosphamide	<b>Bladder malignancy</b>	<b>Treatment Factors</b>  Combined with: pelvic radiation  <b>Health Behaviors</b>  Alcohol use Smoking		<b>History</b>  <b>Hematuria</b>  <b>Urinary urgency/frequency</b>  <b>Urinary incontinence/retention</b>  <b>Dysuria</b>  <b>Nocturia</b>  <b>Abnormal urinary stream</b>  (Yearly)  <b>Screening</b>  <b>Urinalysis</b>  (Yearly)	<b>Health Link</b>  <b>See "Patient Resources"</b>  Bladder Health  <b>Counseling</b>  Counsel to promptly report dysuria or gross hematuria  <b>Considerations for Further Testing and Intervention</b>  Urine culture, spot urine calcium/creatinine ratio, and ultrasound of kidneys and bladder for

Sec #	Therapeutic Agent(s)	Potential Late Effects	Risk Factors	Highest Risk Factors	Periodic Evaluation	Health Counsel Further Considerations
						patients with microscopic hematuria (defined as RBC/HPF on at least 2 occasions). Nephrology or urology referral for patients with culture-negative microscopic hematuria. Abnormal ultrasound or abnormal calcium/creatinine ratio. Urology referral for patients with culture negative macroscopic hematuria.

**Note:** See a list of [Abbreviations](#) at the end of the "Major Recommendations" field.

**System = Urinary**  
**Score = 1**

Sec #	Therapeutic Agent(s)	Potential Late Effects	Risk Factors	Highest Risk Factors	Periodic Evaluation	C
13	<b>Alkylating Agents</b>  Ifosfamide	<b>Renal toxicity</b>  Glomerular toxicity Tubular toxicity (renal tubular acidosis, Fanconi's syndrome, hypophosphatemic rickets)	<b>Host Factors</b>  Younger age at treatment Mononephric  <b>Treatment Factors</b>  Higher cumulative dose Combined with other nephrotoxic agents, such as:	<b>Host Factors</b>  Age <5 years at time of treatment  <b>Treatment Factors</b>	<b>Physical</b>  <b>Blood pressure</b>  (Yearly)  <b>Screening</b>  <b>BUN</b>	H S R fi K S K C

Sec #	Therapeutic Agent(s)	Potential Late Effects	Risk Factors	Highest Risk Factors	Periodic Evaluation	C
			<ul style="list-style-type: none"> <li>Cisplatin</li> <li>Carboplatin</li> <li>Aminoglycosides</li> <li>Amphotericin</li> <li>Immunosuppressants</li> <li>Methotrexate</li> <li>Radiation impacting the kidney</li> </ul> <p><b>Medical Conditions</b></p> <p>Tumor infiltration of kidney(s) Pre-existing renal impairment Nephrectomy</p>	<p>Ifosfamide dose <math>\geq 60</math> g/m<sup>2</sup> Renal radiation dose <math>\geq 15</math> Gy</p>	<p><b>Creatinine</b> <b>Na, K, Cl, CO<sub>2</sub></b> <b>Ca, Mg, PO<sub>4</sub></b></p> <p>(Baseline at entry into long-term followup. If abnormal, repeat as clinically indicated.)</p> <p><b>Urinalysis</b></p> <p>(Yearly)</p>	

**Note:** See a list of [Abbreviations](#) at the end of the "Major Recommendations" field.

**System = Auditory**  
**Score = 1**

Sec #	Therapeutic Agent(s)	Potential Late Effects	Risk Factors	Highest Risk Factors	Periodic Evaluation	Health Couns Furt Consider
14	<p><b>Heavy Metals</b></p> <p>Carboplatin (in myeloablative doses only) Cisplatin</p> <p><b>Info Link:</b> Patients who received carboplatin in</p>	<p><b>Ototoxicity</b></p> <p>Sensorineural hearing loss Tinnitus Vertigo</p>	<p><b>Host Factors</b></p> <p>Age &lt;4 years at treatment</p> <p><b>Treatment Factors</b></p> <p>Combined with:</p> <ul style="list-style-type: none"> <li>Cranial/ear radiation</li> <li>Ototoxic drugs (e.g.,</li> </ul>	<p><b>Host Factors</b></p> <p>CNS neoplasm</p> <p><b>Treatment Factors</b></p> <p>Cumulative cisplatin dose <math>\geq 360</math> mg/m<sup>2</sup></p>	<p><b>History</b></p> <p><b>Hearing difficulties (with/without background noise)</b></p> <p><b>Tinnitus</b></p> <p><b>Vertigo</b></p> <p>(Yearly)</p>	<p><b>Health L</b></p> <p><b>See "Pa Resourc field</b></p> <p>Hearing Education Issues</p> <p><b>Consider for Furt Testing</b></p>

Sec #	Therapeutic Agent(s)	Potential Late Effects	Risk Factors	Highest Risk Factors	Periodic Evaluation	Hea Couns Furt Consider
	non-myeloablative doses do not appear to be at risk for clinically significant ototoxicity based on results of currently available studies.		<p>aminoglycosides, loop diuretics)</p> <p><b>Medical Conditions</b></p> <p>Chronic otitis Cerumen impaction Renal dysfunction</p>	<p>High dose cisplatin (i.e., 40 mg/m<sup>2</sup> per day x 5 days per course) Cisplatin administered after cranial/ear radiation Carboplatin conditioning for HCT Radiation involving ear ≥30 Gy</p>	<p><b>Physical</b></p> <p><b>Otoscopic exam</b> (Yearly)</p> <p><b>Screening</b></p> <p><b>Complete pure tone audiogram or brainstem auditory evoked response [BAER, ABR]</b>  (Baseline at entry into long-term followup. If hearing loss is detected, test at least yearly, or as recommended by audiologist. For patients who also received cranial/ear radiation, test yearly after completion of therapy for 5 years [for patients &lt;10 years old, continue yearly until age 10], then every 5 years. If clinical suspicion of hearing loss at any time, test as clinically indicated. If audiogram is inconclusive or unevaluable,</p>	<p><b>Intervention</b></p> <p>Audiology consultation amplification patients progress hearing loss Speech and language therapy for children hearing loss Otolaryngology consultation patients chronic infection cerumen impaction other anatomic problems exacerbated contributing hearing loss Refer patients with auditory deficits to school liaison community cancer center (psychology) social work school counselor facilitate provision education resources Consider specific needs and/or preferences classroom seating, amplification</p>

Sec #	Therapeutic Agent(s)	Potential Late Effects	Risk Factors	Highest Risk Factors	Periodic Evaluation	Hea Couns Furt Consider
					<p>refer to audiologist for consideration of electrophysiologic testing e.g., OAEs.)</p> <p><b>Info Link:</b></p> <p>Complete pure tone audiogram should include testing of both ears:</p> <ol style="list-style-type: none"> <li>1. Air conduction from 250 to 8000 Hz</li> <li>2. Bone conduction if air conduction thresholds exceed bone by 15 dB at any frequency</li> <li>3. Speech discrimination evaluation</li> </ol> <p>OAEs measure outer hair cell function only. Because carboplatin selectively damages inner hair cells, patients treated with carboplatin should not be evaluated with</p>	system, other education assistance indicated

Sec #	Therapeutic Agent(s)	Potential Late Effects	Risk Factors	Highest Risk Factors	Periodic Evaluation	Health Counseling Further Consideration
					OAEs.	

**Note:** See a list of [Abbreviations](#) at the end of the "Major Recommendations" field.

**System = PNS**  
**Scores = 2A**

Sec #	Therapeutic Agent(s)	Potential Late Effects	Risk Factors	Highest Risk Factors	Periodic Evaluation	Health Counseling Further Consideration
15	<b>Heavy Metals</b>  Carboplatin Cisplatin	<b>Peripheral sensory neuropathy</b>  <b>Info Link:</b> Neuropathy presents as persistent effect after therapy and is typically not late in onset	<b>Treatment Factors</b>  Combined with: <ul style="list-style-type: none"> <li>Vincristine</li> <li>Taxanes</li> <li>Gemcitabine</li> </ul>	<b>Treatment Factors</b>  Cumulative cisplatin dose $\geq 300$ mg/m <sup>2</sup>	<b>History</b>  <b>Peripheral neuropathy</b>  (Yearly until 2 to 3 years after therapy. Monitor yearly if symptoms persist.)  <b>Physical</b>  <b>Neurologic exam</b>  (Yearly until 2 to 3 years after therapy. Monitor yearly if symptoms persist.)	<b>Health Links</b>  <b>See "Patient Resources" field</b>  Peripheral Neuropathy  <b>Consideration for Further Testing and Intervention</b>  Physical therapy referral for patients with symptomatic neuropathy. Physical and occupational therapy assessment of hand function. Consider treatment with agent effective for neuropathic pain (e.g., gabapentin or amitriptyline).

**Note:** See a list of [Abbreviations](#) at the end of the "Major Recommendations" field.

**System = Urinary**  
**Score = 1**

Sec #	Therapeutic Agent(s)	Potential Late Effects	Risk Factors	Highest Risk Factors	Periodic Evaluation	Health Counseling Considerations
16	<b>Heavy Metals</b>  Carboplatin Cisplatin	<b>Renal toxicity</b>  Glomerular injury Tubular injury Renal insufficiency	<b>Host Factors</b>  Mononephric  <b>Treatment Factors</b>  Combined with other nephrotoxic agents such as: <ul style="list-style-type: none"> <li>• Ifosfamide</li> <li>• Aminoglycosides</li> <li>• Amphotericin</li> <li>• Immunosuppressants</li> <li>• Methotrexate</li> <li>• Radiation impacting the kidney</li> </ul> <b>Medical Conditions</b>  Diabetes mellitus Hypertension Nephrectomy	<b>Treatment Factors</b>  Cisplatin dose $\geq 200$ mg/m <sup>2</sup> Renal radiation dose $\geq 15$ Gy	<b>Physical</b>  <b>Blood pressure</b>  (Yearly)  <b>Screening</b>  <b>BUN</b>  <b>Creatinine</b>  <b>Na, K, Cl, CO<sub>2</sub></b>  <b>Ca, Mg, PO<sub>4</sub></b>  (Baseline at entry into long-term followup. If abnormal, repeat as clinically indicated.)  <b>Urinalysis</b>  (Yearly)	<b>Health Counseling Considerations</b>  <b>See "Patient Resources" field</b>  Kidney Health See also Kidney Health  <b>Counseling</b>  In patients with salt-wasting tubular dysfunction, educate about low magnesium levels prior to coronary artery atherosclerosis  <b>Considerations for Further Testing and Interventions</b>  Electrolyte supplementation for patients with persistent electrolyte wasting Nephrology consultation for patients with hypertension, proteinuria, progressive renal insufficiency

**Note:** See a list of [Abbreviations](#) at the end of the "Major Recommendations" field.

**System = Cardiovascular**  
**Score = 2B**

Sec #	Therapeutic Agent(s)	Potential Late Effects	Risk Factors	Highest Risk Factors	Periodic Evaluation
17	<b>Heavy Metals</b>  Carboplatin Cisplatin	<b>Dyslipidemia</b>	<b>Host Factors</b>  Family history of dyslipidemia  <b>Medical Conditions</b>  Overweight/Obesity		<b>Screening</b>  <b>Fasting lipid profile</b>  (Baseline at entry into long-term followup, then as per United States Preventive Task Force Recommendations: <a href="http://www.ahrq.gov/clinic/prevenix.htm">www.ahrq.gov/clinic/prevenix.htm</a> )

**Note:** See a list of [Abbreviations](#) at the end of the "Major Recommendations" field.

**System = CNS**  
**Score = 2A**



Sec #	Therapeutic Agent(s)	Potential Late Effects	Risk Factors	Highest Risk Factors	Periodic Evaluation
18	<b>Antimetabolites</b> Cytarabine (high dose IV)  <b>Info Link:</b> High-dose IV is defined as any single dose $\geq 1000$ mg/m <sup>2</sup> .	<b>Neurocognitive deficits</b>  Functional deficits in: <ul style="list-style-type: none"> <li>Executive function (planning and organization)</li> <li>Sustained attention</li> <li>Memory (particularly visual, sequencing, temporal memory)</li> <li>Processing speed</li> <li>Visual-motor integration</li> </ul> Learning deficits in math and reading (particularly reading comprehension) Diminished IQ Behavioral change  <b>Info Link:</b> Neurocognitive deficits in survivors of leukemia and lymphoma are more frequently related to information processing (e.g., learning disability). Neurocognitive deficits in brain tumor survivors treated with higher doses of cranial radiation are more global (significant	<b>Host Factors</b>  Younger age at treatment CNS leukemia/lymphoma Relapsed leukemia/lymphoma treated with CNS-directed therapy  <b>Treatment Factors</b>  In combination with: <ul style="list-style-type: none"> <li>Dexamethasone</li> <li>TBI</li> <li>Cranial radiation</li> <li>Methotrexate (IT, IO, high-dose IV)</li> <li>Longer elapsed time since therapy</li> </ul> <b>Info Link</b>  Acute toxicity predominates if administered systemically as a single agent. May contribute to late neurotoxicity if combined with high dose or intrathecal methotrexate and/or cranial radiation.	<b>Host Factors</b>  Age <3 years old at time of treatment Female sex Premorbid or family history of learning or attention problems  <b>Treatment Factors</b>  Radiation dose $\geq 24$ Gy Single fraction TBI (10 Gy)	<b>History</b>  <b>Educational/vocational progress</b>  (Yearly)  <b>Screening</b>  <b>Referral for neuropsychological evaluation</b>  (Baseline at enrollment, into long-term follow-up, then periodically as clinically indicated for patients with evidence of intellectual or educational or vocational problems)

Sec #	Therapeutic Agent(s)	Potential Late Effects	Risk Factors	Highest Risk Factors	Periodic Evaluation
		decline in IQ). Extent of deficit depends on age at treatment, intensity of treatment, and time since treatment. New deficits may emerge over time.			

**Note:** See a list of [Abbreviations](#) at the end of the "Major Recommendations" field.

**System = CNS**  
**Score = 2A**

Sec #	Therapeutic Agent(s)	Potential Late Effects	Risk Factors	Highest Risk Factors	Periodic Evaluation
19	<b>Antimetabolites</b>  Cytarabine (high dose IV)  <b>Info Link:</b> High-dose IV is defined as any single dose $\geq 1000 \text{ mg/m}^2$ .	<b>Clinical leukoencephalopathy</b>  Spasticity Ataxia Dysarthria Dysphagia Hemiparesis Seizures  <b>Info Link:</b> Clinical leukoencephalopathy may present with or without imaging abnormalities (e.g., leukoencephalopathy, cerebral lacunes, cerebral atrophy,	<b>Host Factors</b>  Younger age at treatment CNS leukemia/lymphoma Relapsed leukemia/lymphoma treated with CNS-directed therapy  <b>Treatment Factors</b>  Combined with: <ul style="list-style-type: none"> <li>Methotrexate (IT, IO, high-dose IV)</li> <li>Dexamethasone</li> <li>Cranial radiation</li> </ul>	<b>Treatment Factors</b>  Radiation dose $\geq 24 \text{ Gy}$	<b>History</b>  <b>Cognitive, motor, and/or sensory deficits</b>  <b>Seizures</b>  <b>Other neurologic symptoms</b>  (Yearly)  <b>Physical</b>

Sec #	Therapeutic Agent(s)	Potential Late Effects	Risk Factors	Highest Risk Factors	Periodic Evaluation
		dystrophic calcifications, mineralizing microangiopathy). Transient white matter anomalies may follow radiotherapy and high-dose chemotherapy for medulloblastoma/PNET, may mimic tumor recurrence, and signify risk of persistent neurologic sequelae. Neuroimaging changes do not always correlate with degree of cognitive dysfunction. Prospective studies are needed to define the dose/effect relationship of neurotoxic agents. <i>Note: new deficits may emerge over time.</i>			<b>Spasticity</b> <b>Ataxia</b> <b>Dysarthria</b> <b>Hemiparesis</b> (Yearly)

**Note:** See a list of [Abbreviations](#) at the end of the "Major Recommendations" field.

**System = N/A**  
**Score = 1**

Sec #	Therapeutic Agent(s)	Potential Late Effects	Risk Factors	Highest Risk Factors	Periodic Evaluation	Health Counseling Further Considerations
20	<b>Antimetabolites</b>  Cytarabine (low dose IV) Cytarabine IO Cytarabine IT Cytarabine SQ  <b>Info Link:</b> Low-dose IV is defined as any single dose	<b>No known late effects</b>  <b>Info Link:</b> Acute toxicities predominate, from which the majority of patients recover without				

Sec #	Therapeutic Agent(s)	Potential Late Effects	Risk Factors	Highest Risk Factors	Periodic Evaluation	Health Counseling Further Considerations
	<1000 mg/m <sup>2</sup> .	sequelae.				

**Note:** See a list of [Abbreviations](#) at the end of the "Major Recommendations" field.

**System = GI/Hepatic**  
**Score = 2A**

Sec #	Therapeutic Agent(s)	Potential Late Effects	Risk Factors	Highest Risk Factors	Periodic Evaluation	Health Counseling Further Considerations
21	<b>Antimetabolites</b>  Mercaptopurine (6MP)  Thioguanine (6TG)  <b>Info Link:</b> Acute hepatotoxicity reported with thioguanine used in CCG 1952 (regimens B1 and B2) for ALL maintenance therapy requires longer follow-up to determine long-term sequelae. See COG Website (CCG 1952 protocol page) for updated advisories.	<b>Hepatic dysfunction</b>  <b>VOD</b>  <b>Info Link:</b> Acute toxicities predominate from which the majority of patients recover without sequelae. Delayed hepatic dysfunction may occur after a history of acute VOD, presenting as portal hypertension with liver biopsy indicating nodular regenerative hyperplasia, fibrosis, or siderosis.	<b>Medical Conditions</b>  Viral hepatitis Previous VOD Siderosis	<b>Medical Conditions</b>  Chronic viral hepatitis	<b>Physical</b>  <b>Scleral icterus</b>  <b>Jaundice</b>  <b>Ascites</b>  <b>Hepatomegaly</b>  <b>Splenomegaly</b>  (Yearly)  <b>Screening</b>  <b>ALT</b>  <b>AST</b>  <b>Bilirubin</b>  (Baseline at entry into long-term followup. Repeat as clinically indicated.)	<b>Health Links</b>  <b>See "Patient Resources" field</b>  Liver Health  <b>Considerations for Further Testing and Intervention</b>  Prothrombin time for evaluation of hepatic synthetic function with abnormal liver screening tests. Screen for viral hepatitis in patients with persistently abnormal liver function or who were transfused prior to 1992. Gastroenterology/hepatology consultation in patients with persistent liver dysfunction. Hepatitis A and B immunization in patients lacking immunity.

**Note:** See a list of [Abbreviations](#) at the end of the "Major Recommendations" field.

**System = Musculoskeletal**  
**Score = 2B**

Sec #	Therapeutic Agent(s)	Potential Late Effects	Risk Factors	Highest Risk Factors	Periodic Evaluation	H Cou Fu Cons
22	<b>Antimetabolites</b>  Methotrexate (high dose IV) Methotrexate (low dose IV) Methotrexate IM Methotrexate PO  <b>Info Link:</b> High-dose IV is defined as any single dose $\geq 1000$ mg/m <sup>2</sup> .	<b>Osteopenia</b>  <b>Osteoporosis</b>  Osteopenia is defined as BMD $\geq 1$ and $< 2.5$ SD below mean  Osteoporosis is defined as BMD $\geq 2.5$ SD below mean  <b>Info Link:</b> The World Health Organization definition of osteoporosis in adults is based on comparison of a measured BMD of young adults at peak bone age and defined as a T-score. A T-score is the number of standard deviations the BMD measurement is above or below the mean. A T-score of $\geq 2.5$ standard	<b>Host Factors</b>  Both genders are at risk  <b>Treatment Factors</b>  Corticosteroids Cranial radiation HCT/TBI  <b>Medical Conditions</b>  Growth hormone deficiency Hypogonadism/delayed puberty Hyperthyroidism  <b>Health Behaviors</b>  Inadequate intake of calcium and vitamin D Lack of weight bearing exercise Smoking Alcohol use	<b>Host Factors</b>  Older age at time of treatment  <b>Treatment Factors</b>  Methotrexate cumulative dose $\geq 40$ gm/m <sup>2</sup> Prolonged corticosteroid therapy (e.g., for chronic GVHD)	<b>Screening</b>  <b>Bone density evaluation (DEXA or quantitative CT)</b>  (Baseline at entry into long-term followup. Repeat as clinically indicated.)  <b>Info Link:</b> The optimal method of measuring bone health in children is controversial. Existing technologies have limitations. DEXA provides an estimate of total bone mass at a given site. Quantitative CT provides distinct measures of trabecular and cortical bone	<b>Health</b>  <b>See "H Resou field</b>  Bone H  <b>Resou</b>  Nation Osteop Found Websit <a href="http://www.n">www.n</a>  <b>Consid</b> <b>for Fu</b> <b>Testin</b> <b>Interv</b>  Nutriti supple cases osteop unresp behavi dietary manag Calciu 1500 r plus R vitami caution regard calciu supple in pati history lithiasi Treatm

Sec #	Therapeutic Agent(s)	Potential Late Effects	Risk Factors	Highest Risk Factors	Periodic Evaluation	H Cou Fr Cons
		<p>deviations BELOW the mean is consistent with a diagnosis of osteoporosis. T-scores are not appropriate to assess skeletal health in pediatric patients who have not achieved peak adult bone mass. Instead, pediatric BMD reference data sets calculate Z-scores based on age and gender. A Z-score is the number of standard deviations the measurement is above or below the AGE-MATCHED MEAN BMD. There are no defined standards for referral or treatment of low BMD in children.</p>			dimension and density.	<p>exacer predis conditi hormo replac therap hypog growth deficie correc chroni metab acidosis could a bone l Endocr consul patien osteop history multip fractur pharm interve (e.g., bispho calcito selecti estrog recept modul</p>

**Note:** See a list of [Abbreviations](#) at the end of the "Major Recommendations" field.

**System = Urinary**  
**Score = 2A**

Sec #	Therapeutic Agent(s)	Potential Late Effects	Risk Factors	Highest Risk Factors	Periodic Evaluation	Health Counseling
23	<b>Antimetabolites</b>  Methotrexate (high dose IV) Methotrexate (low dose IV) Methotrexate IM Methotrexate PO  <b>Info Link:</b> High-dose IV is defined as any single dose $\geq 1000 \text{ mg/m}^2$ .	<b>Renal toxicity</b>  <b>Info Link:</b> Acute toxicities predominate, from which the majority of patients recover without sequelae	<b>Host Factors</b>  Mononephric  <b>Treatment Factors</b>  Combined with other nephrotoxic agents such as: <ul style="list-style-type: none"> <li>• Cisplatin/carboplatin</li> <li>• Ifosfamide</li> <li>• Aminoglycosides</li> <li>• Amphotericin</li> <li>• Immunosuppressants</li> <li>• Radiation impacting the kidney</li> </ul> <b>Medical Conditions</b>  Diabetes mellitus Hypertension Nephrectomy	<b>Treatment Factors</b>  Treatment before 1970	<b>Physical</b>  <b>Blood pressure</b>  (Yearly)  <b>Screening</b>  <b>BUN</b>  <b>Creatinine</b>  <b>Na, K, Cl, CO<sub>2</sub></b>  <b>Ca, Mg, PO<sub>4</sub></b>  (Baseline at entry into long-term followup. If abnormal, repeat as clinically indicated.)  <b>Urinalysis</b>  (Yearly)	<b>Health Counseling</b>  Severe renal failure  Kidney Severe Kidney  <b>Co</b> for <b>Te</b> <b>In</b>  Ne co pa hy pr pr re ins

**Note:** See a list of [Abbreviations](#) at the end of the "Major Recommendations" field.

**System = GI/Hepatic**  
**Score = 2A**

Sec #	Therapeutic Agent(s)	Potential Late Effects	Risk Factors	Highest Risk Factors	Periodic Evaluation	Health Counseling

Sec #	Therapeutic Agent(s)	Potential Late Effects	Risk Factors	Highest Risk Factors	Periodic Evaluation	Health Counseling Further Considerations
24	<b>Antimetabolites</b>  Methotrexate (high dose IV) Methotrexate (low dose IV) Methotrexate IM Methotrexate PO  <b>Info Link:</b> High-dose IV is defined as any single dose $\geq 1000$ mg/m <sup>2</sup> .	<b>Hepatic dysfunction</b>  <b>Info Link:</b> Acute toxicities predominate, from which the majority of patients recover without sequelae	<b>Treatment Factors</b>  Abdominal radiation  <b>Medical Conditions</b>  Viral hepatitis	<b>Treatment Factors</b>  Treatment before 1970  <b>Medical Conditions</b>  Chronic viral hepatitis	<b>Physical</b>  <b>Scleral icterus</b>  <b>Jaundice</b>  <b>Ascites</b>  <b>Hepatomegaly</b>  <b>Splenomegaly</b>  (Yearly)  <b>Screening</b>  <b>ALT</b>  <b>AST</b>  <b>Bilirubin</b>  (Baseline at entry into long-term follow-up. Repeat as clinically indicated.)	<b>Health Links</b>  <b>See "Patient Resources" field</b>  Liver Health  <b>Considerations for Further Testing and Intervention</b>  Prothrombin time and evaluation of hepatic synthetic function with abnormal liver screening tests. Screen for viral hepatitis in patients with persistently abnormal liver function or are transfused prior to consultation in patient with persistent liver dysfunction. Hepatitis A and B immunization in patients lacking immunity.

**Note:** See a list of [Abbreviations](#) at the end of the "Major Recommendations" field.

**System = CNS**  
**Score = 1**

Sec #	Therapeutic Agent(s)	Potential Late Effects	Risk Factors	Highest Risk Factors	Periodic Evaluation
25	<b>Antimetabolites</b>  Methotrexate (high dose IV) Methotrexate IO  Methotrexate IT	<b>Neurocognitive deficits</b>  Functional deficits in: <ul style="list-style-type: none"> <li>Executive</li> </ul>	<b>Host Factors</b>  Younger age at treatment CNS leukemia/lymphoma Relapsed leukemia/lymphoma treated with CNS-directed	<b>Host Factors</b>  Age <3 years old at time of treatment	<b>History</b>  <b>Educational/vocational progress</b>  (Yearly)



Sec #	Therapeutic Agent(s)	Potential Late Effects	Risk Factors	Highest Risk Factors	Periodic Evaluation
	<p><b>Info Link:</b> High-dose IV is defined as any single dose <math>\geq 1000 \text{ mg/m}^2</math>.</p>	<p>function (planning and organization)</p> <ul style="list-style-type: none"> <li>Sustained attention</li> <li>Memory (particularly visual, sequencing, temporal memory)</li> <li>Processing speed</li> <li>Visual-motor integration</li> </ul> <p>Learning deficits in math and reading (particularly reading comprehension) Diminished IQ Behavioral change</p> <p><b>Info Link:</b> Neurocognitive deficits in survivors of leukemia and lymphoma are more frequently related to information processing (e.g., learning disability). Neurocognitive deficits in brain tumor survivors treated with higher doses of cranial radiation are more global (significant decline in IQ). Extent of deficit depends on age at treatment, intensity of treatment, and time since treatment. New</p>	<p>therapy</p> <p><b>Treatment Factors</b></p> <p>In combination with:</p> <ul style="list-style-type: none"> <li>Dexamethasone</li> <li>TBI</li> <li>Cranial radiation</li> <li>Cytarabine (high-dose IV)</li> </ul> <p>Longer elapsed time since therapy</p>	<p>Female sex Premorbid or family history of learning or attention problems</p> <p><b>Treatment Factors</b></p> <p>Radiation dose <math>\geq 24 \text{ Gy}</math> Single fraction TBI (10 Gy)</p>	<p><b>Screening</b></p> <p><b>Referral for neuropsychological evaluation</b></p> <p>(Baseline at entry into long-term follow-up, then periodically as clinically indicated for patients with evidence of intellectual, educational or vocational problems)</p>

Sec #	Therapeutic Agent(s)	Potential Late Effects	Risk Factors	Highest Risk Factors	Periodic Evaluation
		deficits may emerge over time.			

**Note:** See a list of [Abbreviations](#) at the end of the "Major Recommendations" field.

**System = CNS**  
**Score = 1**

Sec #	Therapeutic Agent(s)	Potential Late Effects	Risk Factors	Highest Risk Factors	Periodic Evaluation
26	<b>Antimetabolites</b>  Methotrexate (high dose IV) Methotrexate IO  Methotrexate IT  <b>Info Link:</b> High-dose IV is defined as any single dose $\geq 1000$ mg/m <sup>2</sup> .	<b>Clinical leukoencephalopathy</b>  Spasticity Ataxia Dysarthria Dysphagia Hemiparesis Seizures  <b>Info Link:</b> Clinical leukoencephalopathy may present with or without imaging abnormalities (e.g., leukoencephalopathy, cerebral lacunes, cerebral atrophy, dystrophic calcifications, mineralizing microangiopathy). Transient white matter anomalies may follow radiotherapy and high-	<b>Host Factors</b>  Younger age at treatment CNS leukemia/lymphoma Relapsed leukemia/lymphoma treated with CNS-directed therapy  <b>Treatment Factors</b>  In combination with: <ul style="list-style-type: none"> <li>• Cytarabine (high-dose IV)</li> <li>• Dexamethasone</li> <li>• Cranial radiation</li> </ul>	<b>Treatment Factors</b>  Radiation dose $\geq 24$ Gy	<b>History</b>  <b>Cognitive, motor, and/or sensory deficits</b>  <b>Seizures</b>  <b>Other neurologic symptoms</b> (Yearly)  <b>Physical</b>  <b>Spasticity</b>  <b>Ataxia</b>  <b>Dysarthria</b>  <b>Hemiparesis</b>

Sec #	Therapeutic Agent(s)	Potential Late Effects	Risk Factors	Highest Risk Factors	Periodic Evaluation
		dose chemotherapy for medulloblastoma/PNET, may mimic tumor recurrence, and signify risk of persistent neurologic sequelae. Neuroimaging changes do not always correlate with degree of cognitive dysfunction. Prospective studies are needed to define the dose/effect relationship of neurotoxic agents. <i>Note: new deficits may emerge over time.</i>			(Yearly)

**Note:** See a list of [Abbreviations](#) at the end of the "Major Recommendations" field.

**System = SMN**  
**Score = 1**

Sec #	Therapeutic Agent(s)	Potential Late Effects	Risk Factors	Highest Risk Factors	Periodic Evaluation	Health Counseling Further Considerations
27	<b>Anthracycline Antibiotics</b>  Daunorubicin Doxorubicin Epirubicin Idarubicin Mitoxantrone*  *Although Mitoxantrone technically belongs to the anthracenedione class of anti-tumor antibiotics, it is related to the anthracycline	<b>Acute myeloid leukemia</b>	<b>Treatment Factors</b>  Less than 5 years since exposure to agent		<b>History</b>  <b>Fatigue</b>  <b>Bleeding</b>  <b>Easy bruising</b>  (Yearly up to 10 years after exposure to agent)  <b>Physical</b>  <b>Dermatologic exam (pallor, petechiae, purpura)</b>	<b>Health Links</b>  <b>See "Patient Resources" field</b>  Reducing the Risk of Second Cancers  <b>Counseling</b>  Counsel to promptly report fatigue, pallor, petechiae, or bone pain  <b>Considerations</b>

Sec #	Therapeutic Agent(s)	Potential Late Effects	Risk Factors	Highest Risk Factors	Periodic Evaluation	Health Counseling Further Considerations
	family.				(Yearly up to 10 years after exposure to agent)  <b>Screening</b>  <b>CBC/differential</b>  (Yearly up to 10 years after exposure to agent)	<b>for Further Testing and Intervention</b>  Bone marrow exam as clinically indicated

**Note:** See a list of [Abbreviations](#) at the end of the "Major Recommendations" field.

**System = Cardiovascular**  
**Score = 1**

Sec #	Therapeutic Agent(s)	Potential Late Effects	Risk Factors	Highest Risk Factors
28	<b>Anthracycline Antibiotics</b>  Daunorubicin Doxorubicin Epirubicin Idarubicin Mitoxantrone*  *Although Mitoxantrone technically belongs to the anthracenedione class of anti-tumor antibiotics, it is related to the anthracycline family.  <b>Info Link:</b> Use the following formulas to convert to	<b>Cardiac toxicity</b>  <b>Cardiomyopathy</b>  <b>Arrhythmias</b>  <b>Subclinical left ventricular dysfunction</b> (systolic dysfunction as assessed by ECHO or MUGA)  <b>Info Link:</b> Dose levels correlating with cardiotoxicity are derived from adult studies. Childhood cancer	<b>Treatment Factors</b>  Combined with radiation involving the heart Combined with other cardiotoxic chemotherapy: <ul style="list-style-type: none"> <li>• Cyclophosphamide conditioning for HCT</li> <li>• Amsacrine</li> </ul> <b>Medical Conditions</b>  Obesity Congenital heart disease Febrile illness Pregnancy  <b>Health Behaviors</b>	<b>Host Factors</b>  Female sex Black/of African descent Younger than age 5 years at time of treatment  <b>Treatment Factors</b>  Higher cumulative anthracycline doses: <ul style="list-style-type: none"> <li>• Patients 18 years or older at time of</li> </ul>

Sec #	Therapeutic Agent(s)	Potential Late Effects	Risk Factors	Highest Risk Factors
	<p>doxorubicin/daunorubicin isotoxic equivalents prior to calculating total cumulative anthracycline dose.</p> <ul style="list-style-type: none"> <li>Epirubicin: Multiply total dose x 0.67</li> <li>Idarubicin: Multiply total dose x 5</li> <li>Mitoxantrone: Multiply total dose x 3.5</li> </ul> <p><i>Note: There is a paucity of literature to support isotoxic dose conversion; however, the above conversion factors may be used for convenience in order to gauge screening frequency. Clinical judgment should ultimately be used to determine indicated screening for individual patients.</i></p>	<p>patients exhibit clinical and subclinical toxicity at lower levels. Certain conditions (such as isometric exercise, pregnancy, and viral infections) have been anecdotally reported to precipitate cardiac decompensation. Prospective studies are needed to define risk factors. <i>Note: Pediatric studies of anthracycline cardiotoxicity typically describe risks based on combined cumulative doses of daunomycin and doxorubicin, assuming an equivalent relative cardiotoxicity per mg dose. Idarubicin and mitoxantrone are more cardiotoxic than doxorubicin or daunorubicin on a mg per mg dose basis. In limited studies, epirubicin has similar dose equivalency to daunomycin and doxorubicin.</i></p>	<p>Isometric exercise Smoking Drug use (e.g., cocaine, diet pills, ephedra, mahuang)</p>	<p>treatment: <math>\geq 550</math> mg/m<sup>2</sup></p> <ul style="list-style-type: none"> <li>Patients younger than 18 years at time of treatment: <math>\geq 300</math> mg/m<sup>2</sup></li> <li>Any dose in infant</li> </ul> <p>Chest radiation <math>\geq 30</math> Gy Longer time elapsed since treatment</p>

Sec #	Therapeutic Agent(s)	Potential Late Effects	Risk Factors	Highest Risk Factors

Sec #	Therapeutic Agent(s)	Potential Late Effects	Risk Factors	Highest Risk Factors

#### Recommended Frequency of ECHO or MUGA Scan

Age at Treatment*	Chest Radiation	Anthracycline Dose**	Recommended Frequency
<1 year old	Yes	Any	Every year
	No	<200 mg/m <sup>2</sup>	Every 2 years
		≥200 mg/m <sup>2</sup>	Every year
1–4 years old	Yes	Any	Every year
	No	<100 mg/m <sup>2</sup>	Every 5 years
		≥100 to <300 mg/m <sup>2</sup>	Every 2 years
		≥300 mg/m <sup>2</sup>	Every year
≥5 years old	Yes	<300 mg/m <sup>2</sup>	Every 2 years
		≥300 mg/m <sup>2</sup>	Every year
	No	<200 mg/m <sup>2</sup>	Every 5 years
		≥200 to <300 mg/m <sup>2</sup>	Every 2 years
		≥300 mg/m <sup>2</sup>	Every year
Any age with decrease in serial function			Every year

\*Age at time of first cardiotoxic therapy (anthracycline or chest irradiation, whichever was given first)

\*\*Based on equivalent mg of doxorubicin/daunorubicin

**Note:** See a list of [Abbreviations](#) at the end of the "Major Recommendations" field.

**System = Pulmonary**

**Scores = Interstitial pneumonitis: 1**

**Pulmonary fibrosis: 1**

**ARDS: 2B**

Sec #	Therapeutic Agent(s)	Potential Late Effects	Risk Factors	Highest Risk Factors	Periodic Evaluation	Health Counseling and Further Considerations
29	<b>Anti-Tumor Antibiotics</b>  Bleomycin	<b>Pulmonary Toxicity</b>  Interstitial pneumonitis Pulmonary fibrosis Acute respiratory distress syndrome (very rare)	<b>Host Factors</b>  Younger age at treatment  <b>Treatment Factors</b>  Higher cumulative dose  Combined with: <ul style="list-style-type: none"> <li>• Busulfan</li> <li>• Carmustine (BCNU)</li> <li>• Lomustine (CCNU)</li> </ul> <b>Medical Conditions</b>  Renal dysfunction High dose oxygen support such as during general anesthesia  <b>Health Behaviors</b>  Smoking	<b>Treatment Factors</b>  Bleomycin dose $\geq 400$ U/m <sup>2</sup> (injury observed in doses 60 to 100 U/m <sup>2</sup> in children)  Combined with: <ul style="list-style-type: none"> <li>• Chest radiation</li> <li>• TBI</li> </ul>	<b>History</b>  <b>Cough</b>  <b>SOB</b>  <b>DOE</b>  <b>Wheezing</b>  (Yearly)  <b>Physical</b>  <b>Pulmonary exam</b>  (Yearly)  <b>Screening</b>  <b>Chest x-ray</b>  <b>PFTs</b> (including DLCO and spirometry)  (Baseline at entry into long-term follow-up. Repeat as clinically indicated in patients with abnormal results or progressive	<b>Health Counseling and Further Considerations</b>  <b>Health Link</b>  <b>See "Patient Resources"</b>  Pulmonary Health and Bleomycin A  <b>Resources</b>  Extensive information regarding smoking cessation is available for patients on NCI's website <a href="http://www.smokefree.gov">www.smokefree.gov</a>  <b>Counseling</b>  SCUBA diving should be avoided (potential for exacerbation of pulmonary fibrosis as a result of increased oxygen concentration associated with underwater pressures). Consult your healthcare provider for history of bleomycin therapy and risk of worsening fibrosis with high oxygen exposure during general anesthesia



Sec #	Therapeutic Agent(s)	Potential Late Effects	Risk Factors	Highest Risk Factors	Periodic Evaluation	Health Counseling Further Considerations
					pulmonary dysfunction.)	<p>anesthesia. Administration of high concentrations of oxygen may result in chronic progressive pulmonary fibrosis. Counsel regarding tobacco avoidance/smoking cessation.</p> <p><b>Considerations for Further Testing and Interventions</b></p> <p>In patients with abnormal PFTs and/or CXR, consider repeat evaluation prior to general anesthesia. Pulmonary consultation for patients with symptomatic progressive pulmonary dysfunction. Influenza and pneumococcal vaccines.</p>

**Note:** See a list of [Abbreviations](#) at the end of the "Major Recommendations" field.

**System = N/A**  
**Score = 1**

Sec #	Therapeutic Agent(s)	Potential Late Effects	Risk Factors	Highest Risk Factors	Periodic Evaluation	Health Counseling Further Considerations
30	<b>Anti-Tumor Antibiotics</b>	<b>No known late effects</b>				

Sec #	Therapeutic Agent(s)	Potential Late Effects	Risk Factors	Highest Risk Factors	Periodic Evaluation	Health Counseling Further Considerations
	Dactinomycin	<b>Info Link:</b> Dactinomycin has been associated with acute VOD, from which the majority of patients recover without sequelae.				

**Note:** See a list of [Abbreviations](#) at the end of the "Major Recommendations" field.

**System = Musculoskeletal**  
**Score = 1**

Sec #	Therapeutic Agent(s)	Potential Late Effects	Risk Factors	Highest Risk Factors	Periodic Evaluation	Health Counseling Further Considerations
31	<b>Corticosteroids</b>  Dexamethasone Prednisone	<b>Osteopenia</b>  <b>Osteoporosis</b>  Osteopenia is defined as BMD $\geq 1$ and $< 2.5$ SD below mean Osteoporosis is defined as BMD $\geq 2.5$ SD below mean  <b>Info Link:</b> The World Health Organization definition of osteoporosis in adults is based on	<b>Host Factors</b>  Both genders are at risk  <b>Treatment Factors</b>  Methotrexate Cranial radiation HCT/TBI  <b>Medical Conditions</b>  Growth hormone deficiency Hypogonadism/delayed puberty Hyperthyroidism	<b>Host Factors</b>  Older age at time of treatment  <b>Treatment Factors</b>  Glucocorticoid cumulative dose $\geq 9$ gm/m <sup>2</sup> prednisone equivalent Dexamethasone effect is more potent than prednisone	<b>Screening</b>  <b>Bone density evaluation (DEXA or quantitative CT)</b>  (Baseline at entry into long-term followup. Repeat as clinically indicated.)  <b>Info Link:</b> The optimal method of measuring bone health	<b>Health Link</b>  <b>See "Patient Resources" field</b>  Bone Health  <b>Resources</b>  National Osteoporosis Foundation Website: <a href="http://www.nof.org">www.nof.org</a>  <b>Considerations for Further Testing and Intervention</b>  Nutritional

Sec #	Therapeutic Agent(s)	Potential Late Effects	Risk Factors	Highest Risk Factors	Periodic Evaluation	Health Counsel Further Considerations
		<p>comparison of a BMD of young adults at peak bone age and defined as a T-score. A T-score is the number of standard deviations the BMD measurement is above or below the mean. A T-score of <math>\geq 2.5</math> standard deviations BELOW the mean is consistent with a diagnosis of osteoporosis. T-scores are not appropriate to assess skeletal health in pediatric patients who have not achieved peak adult bone mass. Instead, pediatric BMD reference data sets calculate Z-scores based on age and gender. A Z-score is the number of standard deviations the</p>	<p><b>Health Behaviors</b></p> <p>Inadequate intake of calcium and vitamin D Lack of weight bearing exercise Smoking Alcohol use</p>		<p>in children is controversial. Existing technologies have limitations. DEXA provides an estimate of total bone mass at a given site. Quantitative CT provides distinct measures of trabecular and cortical bone dimension and density.</p>	<p>supplement cases of osteopenia unresponsive behavioral and dietary management. Calcium 1000-1500 mg daily plus RDA for vitamin D. Use with caution regarding calcium supplement in patients with history of renal lithiasis. Treatment of hypoparathyroidism may exacerbate hypocalcemia in predisposing conditions (e.g., hormonal replacement therapy for hypogonadism, growth hormone deficiency, correction of chronic metabolic acidosis that could accelerate bone loss). Endocrine consultation for patients with osteoporosis history of multiple fractures for pharmacologic intervention (e.g., bisphosphonates, calcitonin, selective</p>

Sec #	Therapeutic Agent(s)	Potential Late Effects	Risk Factors	Highest Risk Factors	Periodic Evaluation	Health Counsel Further Considerations
		measurement is above or below the AGE-MATCHED MEAN BMD. There are no defined standards for referral or treatment of low BMD in children.				estrogen receptor modulators

**Note:** See a list of [Abbreviations](#) at the end of the "Major Recommendations" field.

**System = Musculoskeletal**  
**Score = 1**

Sec #	Therapeutic Agent(s)	Potential Late Effects	Risk Factors	Highest Risk Factors	Periodic Evaluation	Health Counsel Further Considerations
32	<b>Corticosteroids</b>  Dexamethasone Prednisone	<b>Osteonecrosis</b> (Avascular Necrosis)  <b>Info Link:</b> Osteonecrosis typically occurs during the acute treatment phase, may progress over time or resolve. Multifocal osteonecrosis is significantly more common (3:1) than unifocal.	<b>Host Factors</b>  Both genders are at risk Host polymorphisms may confer increased risk  <b>Treatment Factors</b>  Combined with high-dose radiation to any bone Dexamethasone effect is more potent than prednisone	<b>Host Factors</b>  Age $\geq 10$ years at time of treatment  <b>Treatment Factors</b>  Orthovoltage radiation (commonly used before 1970) due to delivery of greater dose to skin and bones	<b>History</b>  <b>Joint pain</b>  <b>Swelling</b>  <b>Immobility</b>  <b>Limited range of motion</b> (Yearly)  <b>Physical</b>  <b>Musculoskeletal exam</b> (Yearly)	<b>Health L</b>  <b>See "Pat Resource field"</b>  Osteonecrosis  <b>Consider for Further Testing and Intervention</b>  MRI as clinically indicated patients with history suggestive of osteonecrosis (should be done soon after

Sec #	Therapeutic Agent(s)	Potential Late Effects	Risk Factors	Highest Risk Factors	Periodic Evaluation	Health Counseling Further Considerations
			<b>Medical Conditions</b>  Sickle cell disease			symptom onset). Orthopedic consultation for patients with positive imaging and/or symptoms of osteonecrosis. Physical therapy evaluation for non-pharmacologic pain management (range of motion, strengthening, stretching, functional mobility).

**Note:** See a list of [Abbreviations](#) at the end of the "Major Recommendations" field.

**System = Ocular**  
**Score = 1**

Sec #	Therapeutic Agent(s)	Potential Late Effects	Risk Factors	Highest Risk Factors	Periodic Evaluation	Health Counseling Further Considerations
33	<b>Corticosteroids</b>  Dexamethasone Prednisone	<b>Cataracts</b>	<b>Treatment Factors</b>  Combined with: <ul style="list-style-type: none"> <li>TBI</li> <li>Busulfan</li> </ul>	<b>Treatment Factors</b>  TBI Cranial, orbital, or eye radiation Longer interval since treatment	<b>History</b>  <b>Visual difficulties</b> (Yearly)  <b>Physical</b>  <b>Eye exam</b> (visual acuity, funduscopy)	<b>Health Links</b>  <b>See "Patient Resources" field</b>  Cataracts  <b>Considerations for Further Testing and Intervention</b>

Sec #	Therapeutic Agent(s)	Potential Late Effects	Risk Factors	Highest Risk Factors	Periodic Evaluation	Health Counseling Further Considerations
					exam for lens opacity) (Yearly)	Ophthalmology consultation if problem identified. Refer patients with visual deficits to school liaison in community or cancer center (psychologist, social worker, school counselor) to facilitate acquisition of educational resources.

**Note:** See a list of [Abbreviations](#) at the end of the "Major Recommendations" field.

**System = N/A**  
**Score = 1**

Sec #	Therapeutic Agent(s)	Potential Late Effects	Risk Factors	Highest Risk Factors	Periodic Evaluation	Health Counseling Further Considerations
34	<b>Enzymes</b> Asparaginase	<b>No known late effects</b>  <b>Info Link:</b> Acute toxicities predominate, from which the majority of patients recover without sequelae				

**Note:** See a list of [Abbreviations](#) at the end of the "Major Recommendations" field.

**System = PNS**  
**Score = 2A**

Sec #	Therapeutic Agent(s)	Potential Late Effects	Risk Factors	Highest Risk Factors	Periodic Evaluation	Health Counseling Further Considerations
35	<b>Plant Alkaloids</b>  Vinblastine Vincristine	<b>Peripheral sensory or motor neuropathy</b>  Areflexia Weakness Foot drop Paresthesias  <b>Info Link:</b> Acute toxicities most commonly occur and usually resolve prior to patients entering long-term follow-up. Neuropathy can persist after treatment and is typically not late in onset.	<b>Treatment Factors</b>  Combined with platinum chemotherapy, gemcitabine, or taxanes  <b>Medical Conditions</b>  Anorexia Severe weight loss	<b>Medical Conditions</b>  Charcot-Marie-Tooth disease	<b>History</b>  <b>Peripheral neuropathy</b>  (Yearly, until 2 to 3 years after therapy. Monitor yearly if symptoms persist.)  <b>Physical Neurologic exam</b>  (Yearly, until 2 to 3 years after therapy; continue to monitor yearly if symptoms persist)	<b>Health Links</b>  <b>See "Patient Resources" field</b>  Peripheral Neuropathy  <b>Considerations for Further Testing and Intervention</b>  Physical therapy referral for patients with symptomatic neuropathy. Physical therapy and occupational therapy assessment of hand function. Consider treatment with an anticonvulsant effective for neuropathic pain (e.g., gabapentin and amitriptyline).

**Note:** See a list of [Abbreviations](#) at the end of the "Major Recommendations" field.

**System = Cardiovascular**  
**Score = 2A**

Sec #	Therapeutic Agent(s)	Potential Late Effects	Risk Factors	Highest Risk Factors	Periodic Evaluation	Health Counseling Further Considerations
36	<b>Plant Alkaloids</b>  Vinblastine Vincristine	<b>Vasospastic attacks</b>  (Raynaud's phenomenon)	<b>Health Behaviors</b>  Smoking Illicit drug use		<b>History</b>  <b>Vasospasms of hands, feet, nose, lips, cheeks, or earlobes related to stress or cold temperatures</b>  (Yearly)  <b>Physical</b>  <b>Physical exam of affected area</b>  (As Indicated)	<b>Health Links</b>  <b>See "Patient Resources" field</b>  Raynaud's Phenomenon  <b>Counseling</b>  Counsel to wear appropriate protective clothing in cold environments and not to use tobacco or illicit drugs  <b>Considerations for Further Testing and Intervention</b>  Consider vasodilating medications (calcium-channel blockers, alpha blockers) for patients with frequent, severe vasospastic attacks unresponsive to behavioral management.

**Note:** See a list of [Abbreviations](#) at the end of the "Major Recommendations" field.

**System = SNM**  
**Score = 1**



Sec #	Therapeutic Agent(s)	Potential Late Effects	Risk Factors	Highest Risk Factors	Periodic Evaluation	Health Counsel Further Considerations
37	<b>Epipodophyllotoxins</b> Etoposide (VP16) Teniposide (VM26)  <b>Info Link:</b> Administration schedules since approximately 1990 have been modified to reduce the risk of this complication.	<b>Acute myeloid leukemia</b>	<b>Medical Conditions</b>  Splenectomy (conflicting evidence)	<b>Treatment Factors</b>  Weekly or twice weekly administration Less than 5 years since exposure to agent	<b>History</b>  <b>Fatigue</b>  <b>Bleeding</b>  <b>Easy bruising</b> (Yearly, up to 10 years after exposure to agent)  <b>Physical</b>  <b>Dermatologic exam (pallor, petechiae, purpura)</b> (Yearly, up to 10 years after exposure to agent)  <b>Screening</b>  <b>CBC/differential</b> (Yearly, up to 10 years after exposure to agent)	<b>Health Link</b>  <b>See "Patient Resources" field</b>  Reducing the Risk of Secondary Cancers  <b>Counseling</b>  Counsel to promptly report fatigue, pallor, petechiae, bone pain  <b>Considerations for Further Testing and Intervention</b>  Bone marrow exam as clinically indicated

**Note:** See a list of [Abbreviations](#) at the end of the "Major Recommendations" field.

### Abbreviations

- ABR, auditory brainstem response
- ALT, alanine aminotransferase
- AST, aspartate aminotransferase
- BAER, brainstem auditory evoked responses
- BMD, bone mineral density
- BUN, blood urea nitrogen
- Ca, calcium
- CBC, complete blood count

- CCG, Children's Cancer Group
- Cl, chloride
- CNS, central nervous system
- CO<sub>2</sub>, carbon dioxide
- COG, Children's Oncology Group
- CT, computed tomography
- CXR, chest x-ray
- DEXA, dual energy x-ray absorptiometry
- DLCO, diffusion capacity of carbon monoxide
- DOE, dyspnea on exertion
- ECHO, echocardiogram
- EKG, electrocardiogram
- FSH, follicle-stimulating hormone
- GI, gastrointestinal
- GVHD, graft versus host disease
- Gy, gray
- HCT, hematopoietic cell transplant
- HPF, high power field
- HZ, hertz
- IM, intramuscular
- IO, intraosseous
- IQ, intelligence quotient
- IT, intrathecal
- IV, intravenous
- K, potassium
- LH, luteinizing hormone
- Mg, magnesium
- MOPP, mechlorethamine/Oncovin [vincristine]/procarbazine/prednisone
- MR, magnetic resonance
- MRI, magnetic resonance imaging
- MUGA, multiple gated acquisition scan
- N/A, not applicable
- Na, sodium
- NCI, National Cancer Institute
- OAEs, otoacoustic emissions
- PFTs, pulmonary function tests
- PNET, primitive neuroectodermal tumor
- PNS, peripheral neurosensory
- PO, by mouth
- PO<sub>4</sub>, phosphate
- RBC, red blood cell
- RDA, recommended daily allowance
- SD, standard deviation(s)
- SMN, secondary malignant neoplasm
- SOB, shortness of breath
- SQ, subcutaneous
- TBI, total body irradiation
- VOD, veno-occlusive diseases

### **Definitions:**

### **Explanation of Scoring for the Long-Term Follow-Up Guidelines**

1 There is uniform consensus of the panel that (1) there is high-level evidence linking the late effect with the therapeutic exposure, and (2) the screening recommendation is appropriate based on the collective clinical experience of panel members.

2A There is uniform consensus of the panel that (1) there is lower-level evidence linking the late effect with the therapeutic exposure, and (2) the screening recommendation is appropriate based on the collective clinical experience of panel members.

2B There is non-uniform consensus of the panel that (1) there is lower-level evidence linking the late effect with the therapeutic exposure, and (2) the screening recommendation is appropriate based on the collective clinical experience of panel members.

3 There is major disagreement that the recommendation is appropriate.

### **Rating Scheme for the Strength of the Evidence**

"High-level evidence" (recommendation category 1) was defined as evidence derived from high quality case control or cohort studies.

"Lower-level evidence" (recommendation categories 2A and 2B) was defined as evidence derived from non-analytic studies, case reports, case series, and clinical experience.

### **CLINICAL ALGORITHM(S)**

None provided

## **EVIDENCE SUPPORTING THE RECOMMENDATIONS**

### **TYPE OF EVIDENCE SUPPORTING THE RECOMMENDATIONS**

The type of supporting evidence is identified and graded for each recommendation (see "Major Recommendations").

Although several well-conducted studies on large populations of childhood cancer survivors have demonstrated associations between specific exposures and late effects, the size of the survivor population and the rate of occurrence of late effects does not allow for clinical studies that would assess the impact of screening recommendations on the morbidity and mortality associated with the late effect. Therefore, scoring of each exposure reflects the expert panel's assessment of the level of literature support linking the therapeutic exposure with the late effect coupled with an assessment of the appropriateness of the recommended screening modality in identifying the potential late effect based on the panel's collective clinical experience.

## BENEFITS/HARMS OF IMPLEMENTING THE GUIDELINE RECOMMENDATIONS

### POTENTIAL BENEFITS

Potential benefits of implementing these guidelines into clinical practice include earlier identification of and intervention for late onset therapy-related complications in this at-risk population, potentially reducing or ameliorating the impact of late complications on the health status of survivors. In addition, ongoing healthcare that promotes healthy lifestyle choices and provides ongoing monitoring of health status is important for all cancer survivors.

### POTENTIAL HARMS

Potential harms of guideline implementation include increased patient anxiety related to enhanced awareness of possible complications, as well as the potential for false-positive screening evaluations, leading to unnecessary further workup. In addition, costs of long-term follow-up care may be prohibitive for some patients, particularly those lacking health insurance, or those with insurance that does not cover the recommended screening evaluations.

## QUALIFYING STATEMENTS

### QUALIFYING STATEMENTS

- The information and contents of each document or series of documents made available by the Children's Oncology Group relating to late effects of cancer treatment and care or containing the title "Long-Term Follow-Up Guidelines for Survivors of Childhood, Adolescent, and Young Adult Cancers" or the title "Health Link," whether available in print or electronic format (including any digital format, e-mail transmission, or download from the website), shall be known hereinafter as "Informational Content." All Informational Content is for informational purpose only. The Informational Content is not intended to substitute for medical advice, medical care, diagnosis, or treatment obtained from a physician or healthcare provider.
- *To cancer patients (if children, their parents or legal guardians):* Please seek the advice of a physician or other qualified healthcare provider with any questions you may have regarding a medical condition and do not rely on the Informational Content. The Children's Oncology Group is a research organization and does not provide individualized medical care or treatment.
- *To physicians and other healthcare providers:* The Informational Content is not intended to replace your independent clinical judgment, medical advice, or to exclude other legitimate criteria for screening, health counseling, or intervention for specific complications of childhood cancer treatment. Neither is the Informational Content intended to exclude other reasonable alternative follow-up procedures. The Informational Content is provided as a courtesy, but not intended as a sole source of guidance in the evaluation of childhood cancer survivors. The Children's Oncology Group recognizes that specific patient care decisions are the prerogative of the patient, family, and healthcare provider.
- While the Children's Oncology Group has made every attempt to assure that the Informational Content is accurate and complete as of the date of

publication, no warranty or representation, express or implied, is made as to the accuracy, reliability, completeness, relevance, or timeliness of such Informational Content.

- No liability is assumed by the Children's Oncology Group or any affiliated party or member thereof for damage resulting from the use, review, or access of the Informational Content. You agree to the following terms of indemnification: (i) "Indemnified Parties" include authors and contributors to the Informational Content, all officers, directors, representatives, employees, agents, and members of the Children's Oncology Group and affiliated organizations; (ii) by using, reviewing, or accessing the Informational Content, you agree, at your own expense, to indemnify, defend and hold harmless Indemnified Parties from any and all losses, liabilities, or damages (including attorneys' fees and costs) resulting from any and all claims, causes of action, suits, proceedings, or demands related to or arising out of use, review or access of the Informational Content.
- Ultimately, as with all clinical guidelines, decisions regarding screening and clinical management for any specific patient should be individually tailored, taking into consideration the patient's treatment history, risk factors, co-morbidities, and lifestyle. These guidelines are therefore not intended to replace clinical judgment or to exclude other reasonable alternative follow-up procedures. The Children's Oncology Group recognizes that specific patient care decisions are the prerogative of the patient, family, and healthcare provider.

## IMPLEMENTATION OF THE GUIDELINE

### DESCRIPTION OF IMPLEMENTATION STRATEGY

Implementation of these guidelines is intended to standardize and enhance follow-up care provided to survivors of pediatric malignancies throughout the lifespan. Considerations in this regard include the practicality and efficiency of applying these broad guidelines in individual clinical situations. Studies to address guideline implementation and refinement are a top priority of the Children's Oncology Group (COG) Late Effects Committee, and proposals to study feasibility of guideline use in limited institutions are currently underway. Issues to be addressed include description of anticipated barriers to application of the recommendations in the guidelines and development of review criteria for measuring changes in care when the guidelines are implemented. Additional concerns surround the lack of current evidence establishing the efficacy of screening for late complications in pediatric cancer survivors. While most clinicians believe that ongoing surveillance for these late complications is important in order to allow for early detection and intervention for complications that may arise, development of studies addressing the efficacy of this approach is imperative in order to determine which screening modalities are optimal for asymptomatic survivors.

In addition, the clinical utility of this lengthy document has also been a top concern of the COG Late Effects Committee. While recognizing that the length and depth of these guidelines is important in order to provide clinically-relevant, evidence-based recommendations and supporting health education materials, clinician time limitations and the effort required to identify the specific recommendations relevant to individual patients have been identified as barriers to their clinical application. Therefore, the COG Late Effects Committee is currently

partnering with the Baylor School of Medicine in order to develop a web-based interface, known as "Passport for Care," that will generate individualized exposure-based recommendations from these guidelines in a clinician-focused format for ease of patient-specific application of the guidelines in the clinical setting. As additional information regarding implementation of the Passport for Care web-based interface becomes available, updates will be posted at [www.survivorshipguidelines.org](http://www.survivorshipguidelines.org).

## **IMPLEMENTATION TOOLS**

Chart Documentation/Checklists/Forms  
Patient Resources  
Resources

For information about [availability](#), see the "Availability of Companion Documents" and "Patient Resources" fields below.

## **INSTITUTE OF MEDICINE (IOM) NATIONAL HEALTHCARE QUALITY REPORT CATEGORIES**

### **IOM CARE NEED**

Living with Illness  
Staying Healthy

### **IOM DOMAIN**

Effectiveness  
Patient-centeredness

## **IDENTIFYING INFORMATION AND AVAILABILITY**

### **BIBLIOGRAPHIC SOURCE(S)**

Children's Oncology Group. Long-term follow-up guidelines for survivors of childhood, adolescent, and young adult cancers. Sections 6-37: chemotherapy. Bethesda (MD): Children's Oncology Group; 2006 Mar. 37 p. [191 references]

### **ADAPTATION**

Not applicable: The guideline was not adapted from another source.

### **DATE RELEASED**

2003 Sep (revised 2006 Mar)

### **GUIDELINE DEVELOPER(S)**

Children's Oncology Group - Medical Specialty Society

## **SOURCE(S) OF FUNDING**

This work was supported by the Children's Oncology Group grant U10 CA098543 from the National Cancer Institute.

## **GUIDELINE COMMITTEE**

Children's Oncology Group Nursing Discipline and Late Effects Committee

## **COMPOSITION OF GROUP THAT AUTHORED THE GUIDELINE**

Melissa M. Hudson, MD  
Vice-Chair – COG Late Effects Committee  
Member, Department of Hematology-Oncology  
Director, After Completion of Therapy Clinic  
St. Jude Children's Research Hospital  
Memphis, Tennessee

Wendy Landier, RN, MSN, CPNP, CPON®  
Chair – COG Nursing Clinical Practice Subcommittee  
Clinical Director - Survivorship Clinic  
City of Hope Comprehensive Cancer Center  
Duarte, California

Smita Bhatia, MD, MPH  
Chair – COG Late Effects Committee  
Professor and Chair, Division of Population Sciences  
City of Hope Comprehensive Cancer Center  
Duarte, California

## **FINANCIAL DISCLOSURES/CONFLICTS OF INTEREST**

All Children's Oncology Group (COG) members have complied with the COG conflict of interest policy, which requires disclosure of any potential financial or other conflicting interests.

## **GUIDELINE STATUS**

This is the current release of the guideline.

This guideline updates a previous version: Children's Oncology Group. Long-term follow-up guidelines for survivors of childhood, adolescent, and young adult cancers. Version 1.2. 2004 Mar.

## **GUIDELINE AVAILABILITY**

Electronic copies: Available in Portable Document Format (PDF) from the [Children's Oncology Group Web site](#).

## **AVAILABILITY OF COMPANION DOCUMENTS**

The following are available:

- Instructions for use. Long-term follow-up guidelines for survivors of childhood, adolescent, and young adult cancers. Version 2.0. Children's Oncology Group. 2006 March. 6 p.
- Introductory material. Long-term follow-up guidelines for survivors of childhood, adolescent, and young adult cancers. Version 2.0. Children's Oncology Group. 2006 March. 9 p.
- Summary of cancer treatment. Appendix I: Long-term follow-up guidelines for survivors of childhood, adolescent, and young adult cancers. Version 2.0. Children's Oncology Group. 2006 March.
- Patient-specific guideline identification tool. Appendix I: Long-term follow-up guidelines for survivors of childhood, adolescent, and young adult cancers. Version 2.0. Children's Oncology Group. 2006 March.

Electronic copies: Available in Portable Document Format (PDF) from the [Children's Oncology Group Web site](#).

## **PATIENT RESOURCES**

In an effort led by the Nursing Clinical Practice Subcommittee, complementary patient education materials (*Health Links*) were developed and are available in Appendix II of the original guideline document. The following Health Links are relevant to this summary:

### **Section 6**

- [Dental Health](#)

### **Section 7**

- [Male Health Issues](#)
- [Female Health Issues](#)

### **Sections 8, 27, 37**

- [Reducing the Risk of Second Cancers](#)

### **Sections 9, 29**

- [Pulmonary Health](#)

### **Sections 10, 33**

- [Cataracts](#)

### **Sections 11, 12**

- [Bladder Health](#)



## **Sections 13, 16, 23**

- [Kidney Health](#)
- [Single Kidney Health \(mononephric patients only\)](#)

## **Section 14**

- [Hearing Loss](#)

## **Sections 14, 18, 25**

- [Educational Issues](#)

## **Sections 15, 35**

- [Peripheral Neuropathy](#)

## **Section 17**

- [Diet and Physical Activity](#)

## **Sections 21, 24**

- [Liver Health](#)

## **Sections 22, 31**

- [Bone Health](#)

## **Section 28**

- [Heart Health](#)

## **Section 29**

- [Bleomycin Alert](#)

## **Section 32**

- [Osteonecrosis](#)

## **Section 36**

- [Raynaud's Phenomenon](#)

Please note: This patient information is intended to provide health professionals with information to share with their patients to help them better understand their health and their diagnosed disorders. By providing access to this patient information, it is not the intention of NGC to provide specific medical advice for particular patients. Rather we urge patients and their representatives to review this material and then to consult with a licensed health professional for evaluation of treatment options suitable for them as well as for diagnosis and answers to their personal medical questions. This patient information

has been derived and prepared from a guideline for health care professionals included on NGC by the authors or publishers of that original guideline. The patient information is not reviewed by NGC to establish whether or not it accurately reflects the original guideline's content.

## **NGC STATUS**

This NGC summary was completed by ECRI Institute on May 8, 2007. The information was verified by the guideline developer on June 11, 2007. This summary was updated by ECRI Institute on November 9, 2007, following the U.S. Food and Drug Administration advisory on Antidepressant drugs.

## **COPYRIGHT STATEMENT**

This NGC summary is based on the original guideline, which is subject to the guideline developer's copyright restrictions.

## **DISCLAIMER**

### **NGC DISCLAIMER**

The National Guideline Clearinghouse™ (NGC) does not develop, produce, approve, or endorse the guidelines represented on this site.

All guidelines summarized by NGC and hosted on our site are produced under the auspices of medical specialty societies, relevant professional associations, public or private organizations, other government agencies, health care organizations or plans, and similar entities.

Guidelines represented on the NGC Web site are submitted by guideline developers, and are screened solely to determine that they meet the NGC Inclusion Criteria which may be found at <http://www.guideline.gov/about/inclusion.aspx>.

NGC, AHRQ, and its contractor ECRI Institute make no warranties concerning the content or clinical efficacy or effectiveness of the clinical practice guidelines and related materials represented on this site. Moreover, the views and opinions of developers or authors of guidelines represented on this site do not necessarily state or reflect those of NGC, AHRQ, or its contractor ECRI Institute, and inclusion or hosting of guidelines in NGC may not be used for advertising or commercial endorsement purposes.

Readers with questions regarding guideline content are directed to contact the guideline developer.

© 1998-2008 National Guideline Clearinghouse

Date Modified: 9/22/2008

